



May 2020 Adviser Support Video Moving — Resources

Article on Effect of COVID-19 on Military PCS Season:

- <https://www.militarytimes.com/news/coronavirus/2020/04/23/pentagons-stop-movement-order-extension-a-hardship-for-some-pcsing-families/>

Articles on the Effects of Moving on Military Children:

- <https://www.militaryspouse.com/military-life/pcs/the-impact-of-pcs-moves-on-your-kids/>

Articles on Helping Children Build Resilience:

- <https://www.washingtonpost.com/news/parenting/wp/2018/01/09/four-habits-that-will-create-resilient-kids-who-can-weather-lifes-challenges/>
- <https://www.heysigmund.com/building-resilience-children>
- <https://www.apa.org/helpcenter/resilience>