



DID YOU KNOW?

- Military children relocate every 1-4 years, three times more often than their civilian peers (Harvard University- Center For The Developing Child).
- The most common factor for children who develop resiliency is at least one stable and committed relationship with a supportive parent, caregiver, or other adult (Berg, 2008; Bradshaw, Sudhinaraset, Mmari, & Blum, 2010; & Hipps, 2011)
- Out of 1.6 million military children, over 900,000 of them falls into K-12 education range of 6-18 years of age (DOD, 2019).



ABOUT US

Anchored4Life has teamed up with the United States military to provide a comprehensive transition and resiliency Club for all youth. The peer-to-peer Club positively supports and encourages youth through the mastery of resiliency life skills. Anchored4Life serves schools, home school groups, and youth programs/teen centers.



Follow us on social media: @a4lclub

BUSINESS INFORMATION:

🌐 www.anchored4life.com

✉ contact-us@anchored4life.com

HIGH SCHOOL YOUTH

CLUB FEATURES

Anchored4Life's Club Features provide opportunities for youth to acquire valuable life skills. The Club uses the following features to support life skill development:

- **Quotes** provide inspiring messages to increase positive interactions.
- **Kits** provide physical resources to guide and master resiliency life skills.
- **Tours** familiarize transitioning youth with the location.
- **REALTALK** is peer-led discussion groups with specially designed curriculum to develop and maintain resiliency life skills, which will actively sponsor meet-and-greets with our leadership committee.
- **Service projects** strengthen community ties by helping others.
- **Training and ongoing support** are provided by Anchored4Life to ensure Club consistency.

CLUB POSITIONS

One (1) Administrative Point of Contact – An administrative leadership representative at the location who oversees the Club.

Two (2) Advisers – Committed adults collaborating with Team Leaders to facilitate the implementation of the Club Features.

16-20 Team Leaders (4 to 5 per grade level) – 9th to 12th grade youth who identify and assist transitioning youth with resiliency tools and resources.

Leadership Committee – Upper classman (11th and 12th grade) selected by the A4L Team Leaders to hold supervisory positions of the Club.

OUR GOALS

1. Teach and reinforce life skills for youth to better connect with their peers and community during transitions.
2. Provide growing opportunities to increase competency and character by positively addressing setbacks.
3. Build confident leaders who inspire others by contributing to a caring and supportive environment.

“HELPING TO DEVELOP
HAPPIER, HEALTHIER,
AND MORE CONFIDENT
YOUTH.”

