

INTERESTED IN GETTING ANCHORED4LIFE?

Contact your military School Liaison for
more information.



ABOUT US

Anchored4Life has teamed up with the United States military to provide comprehensive resiliency programming for all youth. This peer-to-peer led programming positively supports and encourages youth through the mastery of life skills. Anchored4Life serves schools, home school groups, and youth programs/teen centers.



Follow us on social media: @a4lclub

BUSINESS INFORMATION:

- 🌐 www.anchored4life.com
- ✉ contact-us@anchored4life.com

HIGH SCHOOL YOUTH

FEATURES

Anchored4Life Features provide opportunities for youth to acquire valuable life skills.

Anchored4Life's uses the following features to support life skill development:

- **Quotes** provide inspiring messages to increase positive interactions.
- **Kits** provide physical resources to guide and master resiliency life skills.
- **Tours** familiarize new youth with the location.
- **REALTALK** is peer-led discussion groups with specially designed activities to develop and maintain resiliency life skills, which will actively sponsor meet-and-greets with our leadership committee.
- **Service projects** strengthen community ties by helping others.
- **Training and ongoing support** are provided by Anchored4Life to ensure consistency.

POSITIONS

One (1) Administrative Point of Contact –

An administrative leadership representative at the location who oversees Anchored4Life.

Two (2) Advisers –

Committed adults collaborating with Team Leaders to facilitate the implementation of the Features.

16-20 Team Leaders (4 to 5 per grade level) –

9th to 12th grade youth who identify and assist youth with resiliency tools and resources.

Leadership Committee –

Upper classmen (11th and 12th grade) selected by the participating location to hold supervisory positions.

OUR GOALS

1. Teach and reinforce life skills for youth to better connect with their peers and community during change.
2. Provide growing opportunities to increase competency and character by positively addressing setbacks.
3. Build confident leaders who inspire others by contributing to a caring and supportive environment.

“HELPING TO DEVELOP
HAPPIER, HEALTHIER,
AND MORE CONFIDENT
YOUTH”

