

REALTALK DISCUSSION QUESTIONS (RDQs)

Directions:

- Select one of the 7 C's and use the questions to facilitate a REALTALK group.

COMPETENCE

When moving to a new school, what ways would you search for information about their academics, athletics, clubs, or social activities? How could researching your new school help you emotionally adjust to changing schools?

CONFIDENCE

When you have had to move or change schools in the past, how did you go about introducing yourself to other teens, teachers, or people in your new neighborhood? What type of things would you share that might make others appreciate and respect you?

CONNECTION

Are you an active member of any organizations on campus or out in the community? If you had to move to a new town, what are some school organizations or community groups you might want to join? Why are these organizations important to you?

CHARACTER

A new teen at your school is in one or more of your classes. What could you do for them to make them feel respected and welcomed during their first few days and long after? How likely would you reach out to them for support if they did not share the same interests as you?

CONTRIBUTION

Suppose you had to leave this school/teen center today. What is your happiest memory showing kindness to others?

COPING

What would you do if you moved to a new school and after several weeks you hadn't made any friends? Who would you reach out to for advice?

CONTROL

Suppose you were given the opportunity to show a new youth around. Other than classrooms and important places, what important procedures, rules, and practices would you explain? Why is it important to help new youth with common procedures and practices?

