

## INTERESTED IN GETTING ANCHORED4LIFE?

Contact your military School Liaison for more information.



## ABOUT US

Anchored4Life has teamed up with the United States military to provide peer-to-peer programming for youth so that they craft valuable skills that lead to successful, resilient lifestyles! Our program is designed to encourage youth to be resilient in the face of change. This peer-to-peer programming positively supports and encourages youth through the proficiency of resiliency life skills. Anchored4Life serves schools, home school groups, Child and Youth programs, and Teen Centers.



Follow us on social media: @a4lclub

### BUSINESS INFORMATION:

🌐 [www.anchored4life.com](http://www.anchored4life.com)  
✉ [contact-us@anchored4life.com](mailto:contact-us@anchored4life.com)

## MIDDLE SCHOOL

6<sup>TH</sup> GRADE THROUGH 8<sup>TH</sup> GRADE



## CLUB FEATURES

Anchored4Life's Features infuse a positive youth development model and the 7 C's of Resilience into our programming as youth will develop & maintain life skills that they can use throughout their lives to navigate A4L's change topics with confidence.

- **Quotes** provide inspiring messages to increase positive interactions.
- **Tours** familiarize new youth with the location.
- **Service Projects** strengthen community ties by helping others.
- **Meetings** allow the group to come together to discuss A4L and its implementation.
- **A4L Kit** provides resources to master life skills.
- **REALTALK** provides opportunity for peer-led discussion groups with specially designed activities to develop and maintain life skills.
- **Support** is provided through ongoing training, monthly Adviser support, and an assigned A4L Learning Consultant.

“**HELPING TO DEVELOP  
HAPPIER, HEALTHIER,  
AND MORE CONFIDENT  
KIDS**”

## CLUB POSITIONS

### **One (1) Administrative Point of Contact –**

A designated individual who oversees implementation.

### **Two (2) Advisers –**

Committed adults who collaborate with Team Leaders to facilitate the Features.

### **Five (5) Team Leaders –**

6th to 8th grade youth who implement the Features.

### **Unlimited A4L Reps –**

Provide ongoing individualized support to youth experiencing change.

## OUR GOALS

1. Teach and reinforce life skills for youth to make connections when being supported by Anchored4Life change topics.
2. Provide growing opportunities to increase competency and character by positively addressing setbacks.
3. Build confident leaders who inspire others by contributing to a caring and supportive environment.

