

**ENCOURAGEMENT**

# Quotes

**Directions:**  
Select a Quote to use at your location.

**Often we look so long at the closed door that we do not see the one that has been opened for us.**

— Helen Keller

**If your actions inspire others to dream more, learn more, do more and become more, you are a leader.**

— John Quincy Adams

**Anytime you see a turtle up on top of a fence post, you know he had some help.**

— Alex Haley

**We must always attempt to lift as we climb.**

— Angela Y. Davis

**Don't judge each day by the harvest you reap but by the seeds that you plant.**

— Robert Louis Stevenson

**Accept your teammates for what they are and inspire them to become all they can be.**

— Robin Sharma



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**To be a champ you have to believe in yourself when no one else will.**

— Sugar Ray Robinson

**Anything can be achieved with a good, healthy dose of courage.**

— Viola Davis

**Progress is rarely a straight line. There are always bumps in the road, but you can make the choice to keep looking ahead.**

— Kara Goucher

**Never give up on what you really want to do. The person with big dreams is more powerful than one with all the facts.**

— H. Jackson Brown, Jr.

**Dare to reach out your hand into the darkness, to pull another hand into the light**

— Norm Rice

**No one is useless in this world who lightens the burden of it to anyone else.**

— Charles Dickens

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**If you can't fly then run, if you can't run then walk, if you can't walk then crawl, but whatever you do you have to keep moving forward.**

— Martin Luther King, Jr.

**Try to be a rainbow in someone's cloud.**

— Maya Angelou

**The most beautiful thing you can wear is confidence.**

— Blake Lively

**Aim for the moon. If you miss you may hit a star.**

— W. Clement Stone

**You are your best thing.**

— Toni Morrison

**When everything seems to be going against you, remember that the airplane takes off against the wind, not with it.**

— Henry Ford



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**We're all capable of climbing so much higher than we usually permit ourselves to suppose.**

– Octavia Butler

**If you light a lamp for somebody, it will also brighten your path.**

– Gautama Buddha

**It makes a big difference in your life when you stay positive.**

– Ellen DeGeneres

**With the new day comes new strength and new thoughts.**

– Eleanor Roosevelt

**Be a fountain, not a drain.**

– Rex Hudler

**Nothing is an obstacle unless you say it is.**

– Wally Amos



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**One step at a time is all it takes to get you there.**

– Emily Dickinson

**I was built this way for a reason, so I'm going to use it.**

– Simone Biles

**It's the possibility that keeps me going, not the guarantee.**

– Nicholas Sparks

**To ease another's heartache is to forget one's own.**

– Abraham Lincoln

**Never worry about numbers. Help one person at a time and always start with the person nearest you.**

– Mother Teresa

**Maybe lifting someone else's weight makes yours a little more bearable.**

– Tarryn Fisher



# Quotes

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If you're brave enough to say  
goodbye, life will reward you  
with a new hello.

— Paulo Coelho

Do what you can,  
with what you have,  
where you are.

— Theodore Roosevelt

Just because the past didn't turn  
out like you wanted it to, doesn't  
mean the future can't be better  
than you ever imagined.

— Ziad K. Abdelnour

I've learned that people  
will forget what you said,  
people will forget what you did,  
but people will never forget  
how you made them feel.

— Maya Angelou

Nothing is impossible, the word  
itself says "I'm possible"!

— Audrey Hepburn

Believe there is a light  
at the end of the tunnel.  
Believe that you may be  
that light for someone else.

— Yobi Yamada