

REALTALK DISCUSSION QUESTIONS

Competence

Life skill: Building proficiency

MOVING

What most excites you about the upcoming move?

MAKING FRIENDS

How can you be a friend to someone?

HOMEWORK

How can you accomplish homework and chores, but still have time for what you like to do on your own?

BULLYING

What can be done to reduce the power a bully has over you?

DEPLOYMENT

What strategies can you implement to cope with fear when your loved one is deployed?

FEAR

What situations or events frighten you?

REINTEGRATION

Your deployed loved one is returning home! How do you envision the reunion?

HEALTHY BODY

Why is it important to stay physically healthy?

DIVORCE

How will your parents' divorce change your life?

GRIEF

What does grief mean to you?

