

REALTALK DISCUSSION QUESTIONS

Connection

Life skill: Forming relationships

MOVING

Which individuals can you comfortably talk to about your concerns with moving?

MAKING FRIENDS

How can sincere compliments help you create or continue friendships?

HOMEWORK

When was a time you had trouble with your homework? Did you seek help?

BULLYING

What are two ways a bystander can help prevent or stop bullying?

DEPLOYMENT

How can you feel connected to your loved one during deployment?

FEAR

What suggestions would you offer to help someone cope with fear?

REINTEGRATION

Your loved one recently returned from deployment. How will you reconnect with them?

HEALTHY BODY

How can physical activity with a friend help motivate and keep you going?

DIVORCE

What are some activities you can engage in with your parents?

GRIEF

Who do you talk to when you experience loss? Why?

