



**Anchored  Life**

# DEPLOYMENT

## STEP 1

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### WHAT IS DEPLOYMENT?

*When a person in the military is asked to do a very important job away from home.*

### HAS YOUR SPECIAL PERSON OR ANYONE YOU KNOW GONE ON DEPLOYMENT? IF SO, WHAT WAS IT LIKE?

*Have youth identify special people who have been or are currently on deployment and discuss what it was/is like.*

### WHAT ARE SOME FEELINGS THAT KIDS MIGHT EXPERIENCE WHEN THEIR LOVED ONE IS ON DEPLOYMENT?

*Sad, mad, disappointed, happy, excited, nervous, etc.*

### THE CHARACTER IDENTIFIED SIX (6) SKILLS TO HELP THROUGH A DEPLOYMENT THAT CAN BE FOUND IN THE DEPLOYMENT BACKPACK OR KIT. WHAT ARE THEY?

*Dog tags (connection), postcards (encouragement), Family Guidebook (knowledge), Journal (express thoughts/feelings), A4L Activity Groups (learned more skills), & being proud of our special person.*

### WHAT CLUB FEATURE WAS THE MOST HELPFUL WITH INTRODUCING AND PRACTICING RESILIENCY LIFE SKILLS FOR DEPLOYMENT?

*Activity Group.*

## STEP 2

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### WHICH A4L CLUB FEATURES WILL TEAM LEADERS USE TO HELP KIDS EXPERIENCING DEPLOYMENT?

- |                                 |  |  |
|---------------------------------|--|--|
| <input type="checkbox"/> KITS   | <input type="checkbox"/> ACTIVITY GROUPS | <input type="checkbox"/> SERVICE PROJECT |
| <input type="checkbox"/> QUOTES | <input type="checkbox"/> TOURS           |  |

**ADVISERS, ASSIST TEAM LEADERS IN ROLE PLAYING DIFFERENT SKILLS THEY CAN USE TO ASSIST THEIR PEERS IN DEALING WITH DEPLOYMENT.**