

POSITIVE MEMORIES

Slap 10 and win

Materials: Worksheets, deck of playing cards

Directions: Pass out the entire deck of cards so everyone has an equal number. Read the worksheet, complete the activity and discuss. This activity can be completed as a group or individually.

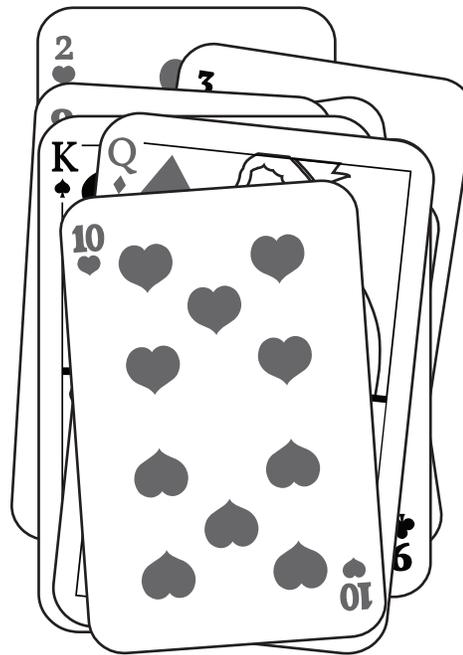
We're going to play an activity called Slap 10. Here's what you do.

Each player will flip a card face forward into the middle of the circle. You'll keep flipping the cards until one player flips over a 10.

When a player sees a 10, they slap the 10. The first player to slap the 10 picks up the pile of cards and shares a positive memory of their loved one who died.

The activity continues until all the cards are collected. The activity will end when one player has all the cards.

Let's play a practice round. After that, when a player slaps the 10, they will share a positive memory of their loved one who died.



Discussion questions

- ▶ How does it feel to share positive memories about your loved one?
- ▶ How does it feel to hear about other's positive memories?

