

## GOOD OR BAD?

# Signs a clique has “gone bad”

**Materials:** Worksheets, cliques templates, pencils, timer

**Directions:** Read the worksheet, complete the activity and discuss with the Group.

A clique can offer a sense of belonging and acceptance. Those are positive things.

But a clique also can cause feelings of loneliness and self-doubt. Those are negative things.

How do you know when a clique has “gone bad”?

When a group excludes others and becomes controlling, it can become a clique “gone bad.”

What things can make a clique “go bad”? What are the signs? Let’s read some of the signs of a clique “gone bad” together and then begin the activity.

## SIGNS OF A CLIQUE “GONE BAD”

- The clique has rules that say who is cool and who can join.
- The clique has a leader who tells people what they can and can’t do.
- People in the clique are required to dress a certain way.
- When there’s a party, only the clique is invited.
- The clique ignores individual interests and only cares about the clique interests.

Can you think of other things that might make a clique “go bad”?

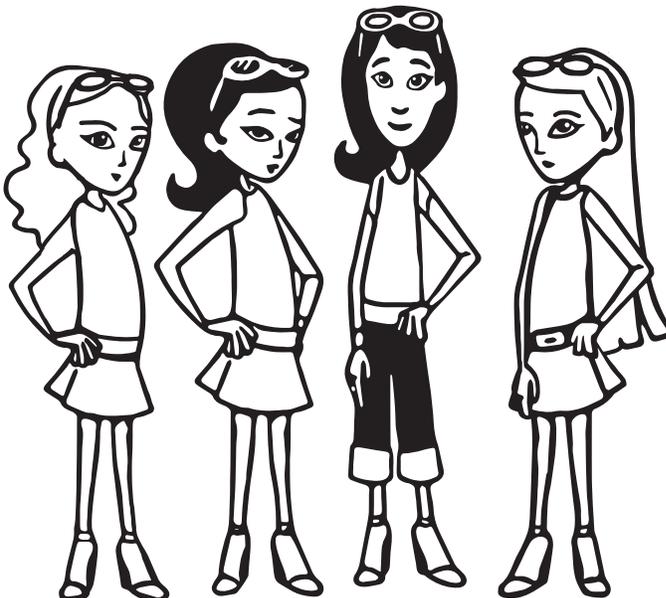
## ACTIVITY INSTRUCTIONS

- 1 On the template, answer each question about cliques as honestly as you can. You’ll have 10 minutes to write.

(Set the timer for 10 minutes.)

- 2 When the timer sounds, we’ll read our answers aloud. Then, we’ll discuss the similarities, differences and patterns in the cliques.

By sharing what we know about cliques, we can better understand our own group. We’ll realize our friends and ourselves are a good clique!



**CLIQUE: GOOD OR BAD?**

1. Are you in a clique now or were you in a clique in the past?

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2. Why was the clique formed? Is there a special reason for the clique?

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3. How many people are in the clique? Are they boys, girls or both?

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4. Is there a leader who tells everyone what to do? Or, does everyone share in decision-making?

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5. Does everyone in the clique dress or act a certain way? Are there rules? Is there a secret code or secret meetings?

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6. Do you think the clique is good or bad? Why?

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