

GET PERSONAL

Is being cool really cool?

Materials: Worksheets, person templates, scissors, stapler, light-colored construction paper, pencils, markers, crayons

Directions: Read the worksheet, complete the activity and discuss with the Group.

A clique is a small group who spends time together and won't let other kids join in. Sometimes they wear the same trendy or cool clothes. Sometimes they all try to look and act the same, because they think they're special.

Why are clothes important to them?
Why do they think they're special?

Trends and fads come and go.
What's cool this year may not be cool next year.

Let's think about what is popular right now. What kind of hairstyle is cool?

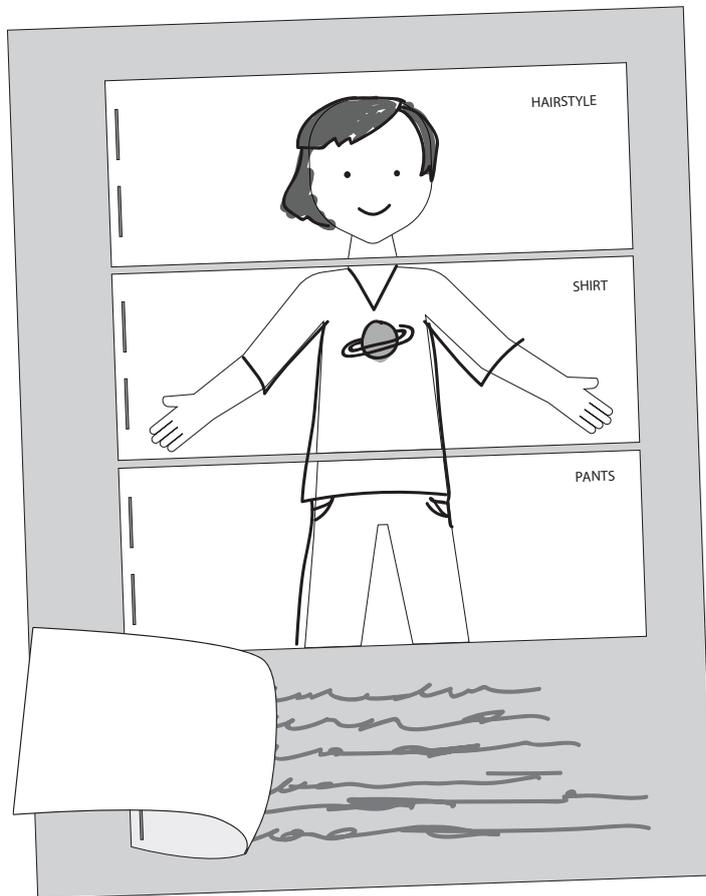
Is long, straight hair better than short, curly hair? What kind of shirt, pants, skirts and shoes are cool to wear?

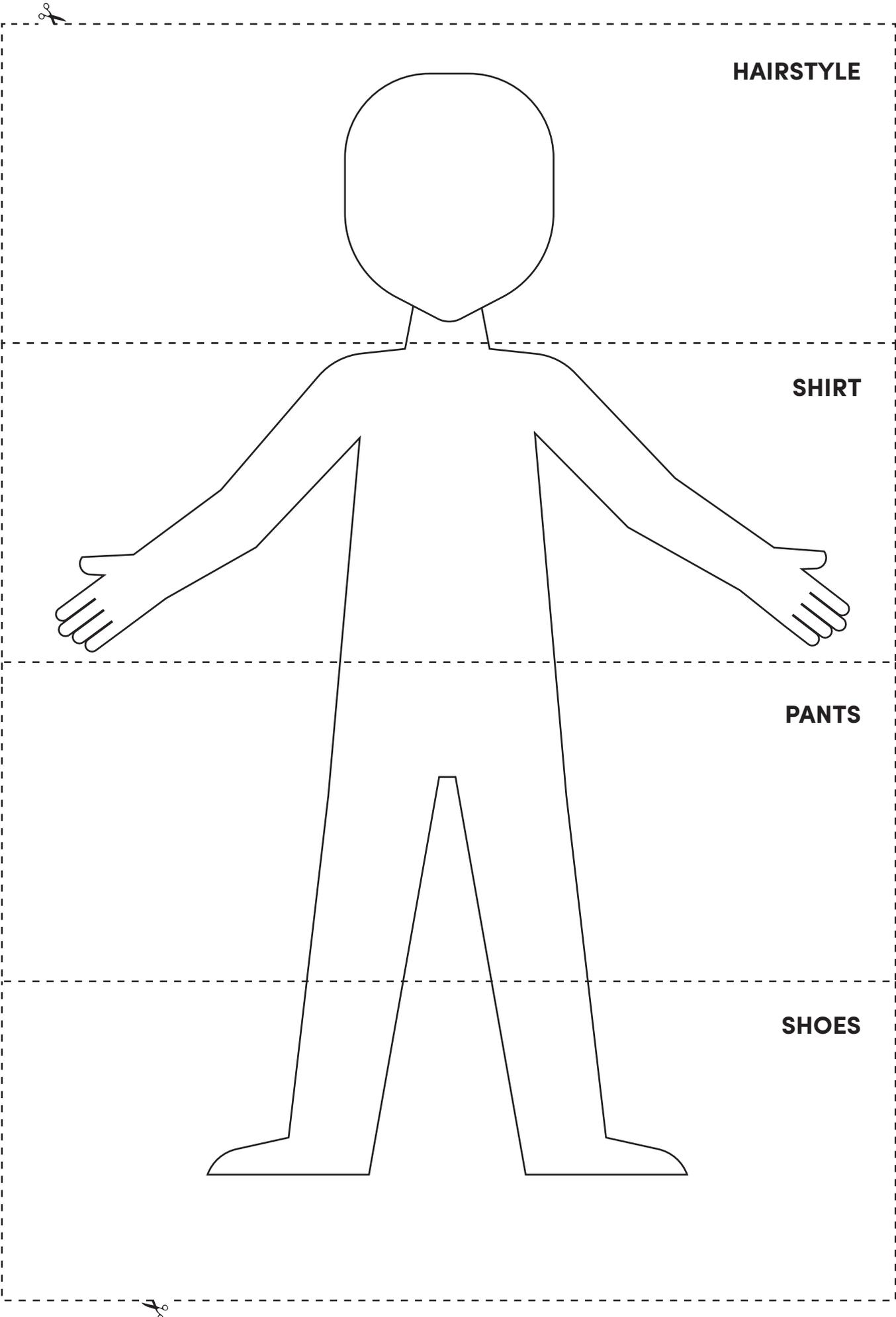
Does having your hair a certain length or wearing something change who you really are?

Let's do an activity using the person template. For each labeled section of the person, draw your favorite hairstyle, your favorite shirt, your favorite pants or skirt, and your favorite shoes.

When you are finished drawing, cut the template along the dotted lines into four rectangles. Staple each rectangle on the left side to a piece of construction paper. Starting at the top, lift up the Hairstyle section. Write down why the hairstyle is cool or isn't cool, and whether the hairstyle changes who the person is. Repeat this for each labeled rectangle.

Once everyone is finished writing, let's discuss why being "cool" is or is not important.





HAIRSTYLE

SHIRT

PANTS

SHOES