

FIT TO A T

# There's no one like ME!

**Materials:** Worksheets, T-shirt templates, pencils, markers, crayons, timer

**Directions:** Read the worksheet, complete the activity and discuss with the Group.

Being different doesn't mean you're weird, dorky or unpopular.

It means you're an independent thinker — an individual.

What is an individual? A single human, unlike anyone else. Which means there's no one on earth exactly like you!

Being an individual means believing you're an interesting, thoughtful and worthwhile person — with or without a crowd.

Today, we're going to wear our individuality proudly. We're going to create our very own T-shirt slogan! It will represent you and how you're "one-of-a-kind."

## ACTIVITY INSTRUCTIONS

- 1 Think about the qualities that make you different and special from everyone else. The things that set you apart from the crowd.
- 2 Create a slogan that says why you're different and special. For example, if you're funny and you like to run, your slogan could be, "I'M A FUNNY, RUNNY GUY!"  
  
Write your slogan on the T-shirt template. If you'd like, you can draw and color a picture on the T-shirt, too.  
  
You'll have 8 minutes. Let's get creative!  
  
(Set the timer for 8 minutes.)
- 3 We'll go around the room and share our T-shirt slogans.



