

GET WISER

Understanding cliques can guide your choices

Materials: Worksheets, pencils

Directions: Read the worksheet, complete the activity and discuss with the Group.

Have you ever wanted to be part of a group, but weren't accepted?

Has there ever been a "big party" and you weren't invited?

Maybe it was because you weren't in the clique!

What is a clique? It's a small group of people who hang out together, share similar interests and often don't let others join in.

Today, we're going to explore what we already know and what we want to learn about cliques.

Through our discussion, we can better understand different types of cliques and the behavior of people in the clique. Learning more about cliques is a powerful life skill that can help guide the choices you make.

ACTIVITY INSTRUCTIONS

- 1 Answer the two questions about cliques on your worksheet.
- 2 After everyone is finished answering the two questions, we'll discuss what each of us wrote.
- 3 Beginning today, observe groups who seem to be a clique. Notice how they behave, dress and other things about them.

Ask yourself:

Are there similarities?

Are there differences?

QUESTIONS ABOUT CLIQUES

1. What do you already know about cliques?

2. What do you want to learn about cliques?

