

NAME GAME

Introducing me, myself and I!

Materials: Worksheets, soft ball

Directions: Read the worksheet, complete the activity and discuss with the Group.

When we move, we're surrounded by new people — at school, in our neighborhood and wherever we go.

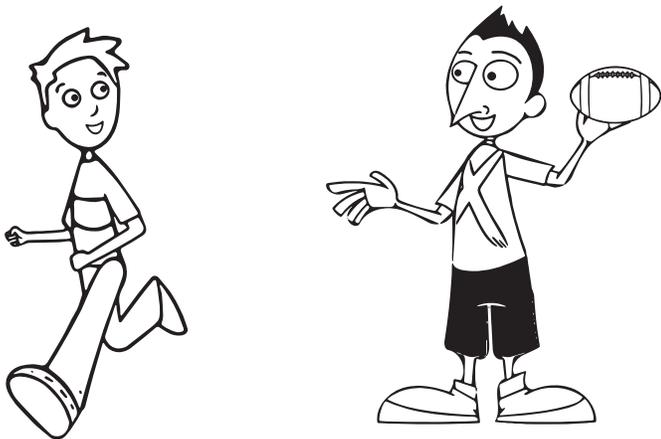
How do we introduce ourselves and learn the names of all these new people?

When you meet someone for the first time, it's important to share your name. It's also important to remember the other person's name. Being called by our names makes us feel special.

One way to introduce yourself is by using the Five S's: Smile, Shake hands, Speak up, Say your name and Seek something in common. After you've introduced yourself, the other person will say their name. And ta-da, you're introduced!

But making introductions sometimes can be hard — it takes practice. With practice, you'll quickly turn into an introduction expert.

Today, we're going to do two activities. In the first activity, we'll practice introductions using the Five S's. In the second activity, we'll play a name memory game by tossing a ball.



ACTIVITY INSTRUCTIONS

- 1 Divide into teams of two. Each person on the team will take a turn using the Five S's. When you've completed the activity, sit down.

When everyone is finished, we'll discuss how the introductions went.
- 2 Gather in a circle and designate one person as the starter. The starter begins the game by saying the name of another youth in the circle and tossing the ball to them. That person then says the name of a different youth and tosses the ball to them.

The game continues until everyone in the circle has received the ball once.
- 3 For the next week, practice making an introduction every day and remembering the person's name. Each time you do, it will get easier and easier!

