

GET INVOLVED

# Jump in and make new friends

Materials: Worksheets, pencils

Directions: Read the worksheet, complete the activity and discuss with the Group.

How many of you have moved or changed schools? How did it make you feel?

Being the new person in a city or in a school can make you feel uncomfortable at first. You may feel alone or a little confused about how to meet other children and make friends. But the quicker you get involved in activities, the sooner you'll feel like you fit in and the more new friends you'll make.

STEP ONE

Answer the question below.  
You have 5 minutes.

What activities do you like to do?

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STEP TWO

Now, let's think of an action plan to help you get involved with the activities you like to do. Write down **different ways you can get involved**. (For example, if you like to play chess, you could join a chess club.) The Team Leaders and the Adviser can help locate **places offering the activities**. After you're finished, let's discuss the action plans with the whole group.

Start writing your action plan.

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Keep thinking of ways you can connect with others and share the things you like to do. Get going! Let's get involved and make some new friends!

