

## MAKE NOTE OF IT

# Keep track of weekly activities

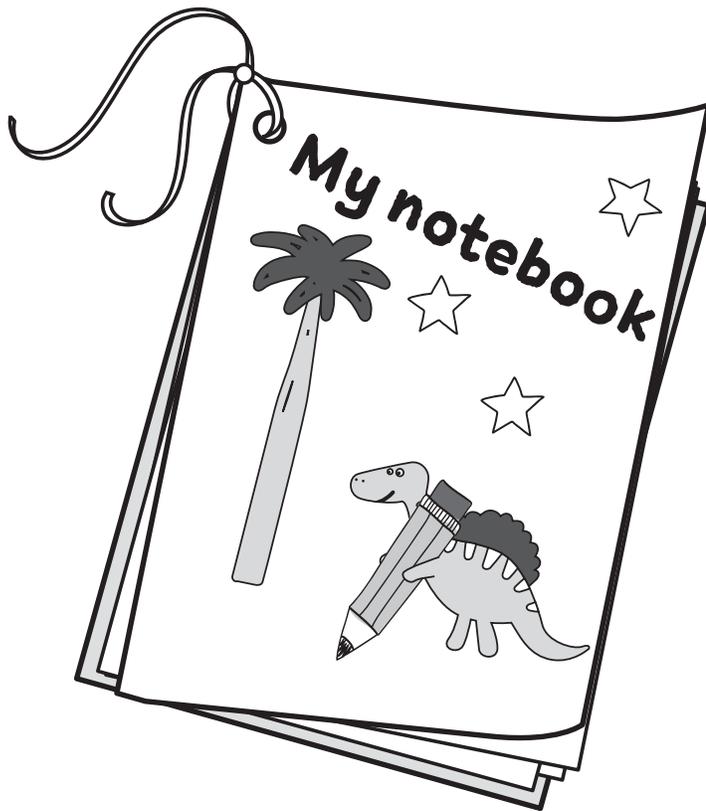
**Materials:** Worksheets, colored construction paper, pencils, markers, crayons, stickers, hole punch, 6-inch lengths of string

**Directions:** Read the worksheet, complete the activity and discuss with the Group.

Lots of things happen throughout the day and week. On some days, you may have a test at school; on other days, you might have a sports event to attend. One week, there may be a holiday; another week, you might have a dentist appointment.

It can drive you crazy trying to remember all the details of your busy schedule!

Today, you're going to create a special notebook for writing down all your daily and weekly activities. When your special person is able to call you, you'll be able to look in your special notebook and share everything that is happening in your life.



## ACTIVITY INSTRUCTIONS

- 1 Using the colored construction paper, make a notebook cover, decorate it and title it however you like. For example, you could call it "My Notebook" or "Keeping track of my day."
- 2 Use the hole punch to punch a hole in the upper-left corner of all your sheets of paper.
- 3 Carefully stack the sheets and pull a piece of string through the holes and tie the sheets together.

And there you are — you have your own special notebook!

