STRONGER TOGETHER

Be an
important link

Materials: Worksheets, colored paper strips with names, small box, pencils, markers, timer, stapler

Directions: Read the worksheet, complete the activity and discuss with the Group.
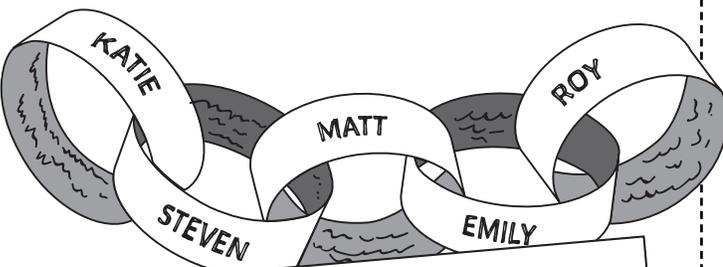
Even with the best of intentions, we can unknowingly hurt others. We may accidentally say something unkind or take teasing too far.

Have you ever made a new friend and thought to yourself that you should have done so sooner? When we don't know someone very well, we tend to ignore them. But sometimes, if we really try, we can find something special about them.

Everyone is special in their own way. What makes a person special?

Is it because they have special qualities others notice? What is a special quality? A special quality is something that sets someone apart. A special quality could be always saying, "Please" and "Thank you." Or, helping out when someone is having a hard time with an assignment.

In this activity, we'll work together to learn how everyone is special in their own way.

KATIE
MATT
STEVEN
ROY
EMILY

Matt is a good sport. He always gives everyone a turn.

ACTIVITY INSTRUCTIONS

1   Raise your hand if you can think of a quality that makes a person special. Try to avoid using words like "nice" or "kind." Instead, describe what nice or kind is.

(Set the timer and allow 5 minutes to brainstorm.)

2   Now, everyone will draw three names from the box. You can choose again if you draw your own name or if you draw the same name twice. Everyone should have three different names. On the back of each of your three paper strips, write at least one special quality about the person.

You'll have 7 minutes to write on all three strips. We'll set the timer and when it sounds, we'll ask everyone to share one at a time. You'll read each of your strips, and then we'll loop and staple the strips together.

When we're finished, each of you will have heard three nice things about yourself. The long chain we create represents how we are all special in our own way. It shows we are stronger together!

(Set the timer and allow 7 minutes to write.)