

HANGING AROUND

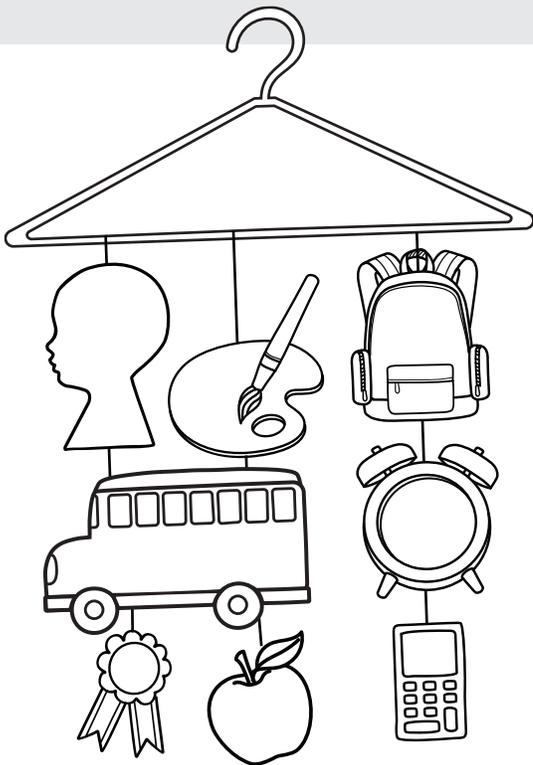
Change your attitude about homework

Materials: Worksheets, object templates, pencils, markers, crayons, scissors, hole punch, 6-inch lengths of string, coat hangers

Directions: Read the worksheet, complete the activity and discuss with the Group.

We all have to do homework. It's part of our lives, just like playing and eating and sleeping.

But sometimes, we'd rather do anything else than homework. So, how can you change homework from something you **HAVE** to do, to something you **WANT** to do?



Start changing the way you think about homework — change your attitude!

Instead of thinking “homework is boring,” think “homework makes me smarter.” Instead of thinking “I can’t do it,” think “I can do it.” By changing your attitude, you’re changing frustration into anticipation!

Homework tips can help change our attitudes and make homework easier to achieve. For today’s activity, we’re going to create a mobile with homework tips. You can hang it in the area where you do your homework to remind you it can be fun.

Here are some homework tip ideas you can use. Or, create your own tips. Whatever ideas you can think of to help turn homework “ick” into homework “pick”!

HOMWORK TIPS

- Take breaks.
- Have a solid plan.
- Don’t make excuses.
- Don’t rush. Good work takes time.
- Ask for help when you need it.
- Eat healthy snacks for energy.
- Tackle the hardest assignments first.
- Play soft music.
- Work in your favorite spot.
- Think positive thoughts.

ACTIVITY INSTRUCTIONS

- 1 Choose a variety of shapes from the object template.
- 2 Write your favorite homework tips on each object.
- 3 Color and decorate each of your objects with the materials provided.
- 4 Cut out each object along the dotted lines.
- 5 Punch a hole in the X with the hole punch, and pull a piece of string through the hole.
- 6 Tie each object to your coat hanger.



