

## MEMORY QUILT

# Patch together your life events

**Materials:** Worksheets, colored construction paper sheets cut in half, pencils, markers, crayons, glitter, stickers, glue, tape

**Directions:** Read the worksheet, complete the activity and discuss with the Group.

Lots of events happen while your special person is away. Family members have birthdays, holidays come and go, and you meet new people and learn different things at school.

How can you possibly remember all the things that happen in your life?

A patchwork memory quilt is a great way to store memories. When your special person returns home, it will contain all the events that happened while they were away.

Today, we're going to start a patchwork memory quilt. But what exactly is "patchwork"?

Patchwork refers to all the different squares on a quilt. Each has its own unique design, color and fabric. Which is just like all the different experiences and events of our lives. So, how do you create a patchwork memory quilt?

Let's say you get an A on a spelling test. To keep that memory, you could write all the words you spelled correctly on a quilt square. Or, if you make a new friend, you could draw a picture of you and your new friend doing something fun. Each of those squares would be different. They'd be a part of the patchwork of your life!

## ACTIVITY INSTRUCTIONS

- 1 Using the colored construction paper squares, draw and write a memory you want to share with your special person. Try and complete at least two quilt squares today.
- 2 Decorate your quilt squares any way you'd like using the available materials.
- 3 Tape your squares together on the backside. They are the start of your memory quilt.
- 4 Take home some extra squares and keep adding to your patchwork memory quilt throughout your special person's deployment. When they return home, you can share your patchwork memory quilt.

