

## SUM IT UP

# Doing good feels good

**Materials:** Worksheets, various short stories on heroism (one story per youth), story summary templates, pencils, stapler, timer

**Directions:** Read the worksheet, complete the activity and discuss with the Group.

What is a hero? Is it a man in a cape who flies through the air? Or, someone dressed like a spider who climbs skyscrapers to save people? Or, maybe an invisible woman who uses her powers for the good of humankind?

In comics and in the movies, these characters are heroes. But who are the heroes in real life?

A hero is someone who rises up to face danger and help others — even if it puts them in harm's way. A hero acts courageously and selflessly, always thinking of others first.

Any ordinary person can be a hero. It doesn't require superpowers or special clothing.

What heroism does require is concern for others, the desire to help, and to do it without expecting a reward. For a hero, helping is the reward.

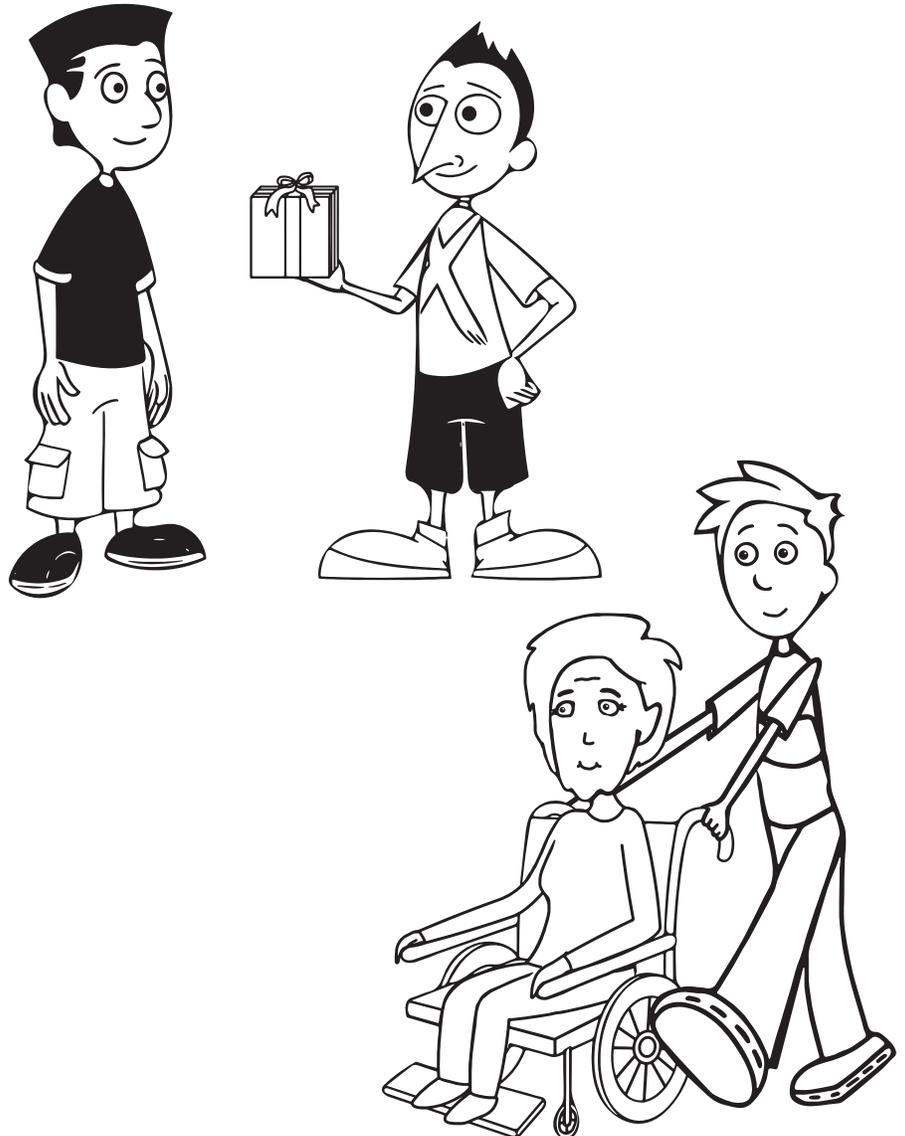
## STEP ONE

We're going to read short stories that show someone doing good for someone else. After you've read the story, summarize it by answering the questions on the template. You'll have 10 minutes to read and write.

(Set the timer for 10 minutes.)

## STEP TWO

After the timer sounds, staple the story to your story summary. We'll go around the room and share what the heroes in the stories did to help others.



## STORY SUMMARY

**1. Where did the story take place?**

.....

.....

**2. Who is the hero in the story?**

.....

.....

**3. What did the hero do to help others?**

.....

.....

.....

.....

**4. Why is what the hero did important?**

.....

.....

.....

.....

**5. What are some ways you can be a hero?**

.....

.....

.....

.....