

GREAT TRAITS

Qualities that define a friend

Materials: Worksheet copies, pens or pencils

Directions: Read the worksheet, complete the activity and discuss as a group.

What defines a great friend? Is it someone who wears cool clothes? Always has extra cash? A person who seems to have everything?

It's not possessions that define a great friend. It's the qualities they possess.

Friendships are mutual. I like you and you like me. But what qualities are most important to you? Today, we're going to explore the qualities of a great friend and dig deeper into what friendship means to each of us.

QUALITIES OF A GREAT FRIEND

- Loyal
- Honest
- Trustworthy
- Fun to be around
- Easy to talk to
- Good listener
- Supportive
- Helpful
- Dependable
- Caring
- Unselfish
- Forgiving
- Level-headed
- Kind
- Celebrates good times
- Encouraging

STEP ONE

Using the "Qualities of a great friend" list, order your Top 10 qualities starting with what's most important and ending with what's least important. This will help you recognize someone who could be a great friend.

1.
2.
3.
4.
5.
6.
7.
8.
9.
10.

STEP TWO

We'll take turns role-playing our top quality. After each turn, the group will guess which quality was role-played and why the quality is important in a friendship. Think about the qualities you'll consider the next time you want to make a new friend.

